

Off-Road Socks

by Jennifer Schmidt



Size: Adult. Since the patterns in this sock are 12-stitch repeats, adding or subtracting a repeat probably will make the sock far too large or small for an adult foot. The socks are knit essentially in rib patterns, so they will stretch to accommodate most sizes. If they need to be a little smaller, reduce the needle size; if larger, increase the needle size.

Finished Measurements: Foot Circumference: 7.5 inches/19 cm (unstretched) to 10 inches/25 cm (stretched)
Leg Length: 5 inches/13 cm

- Materials:**
- Crystal Palace Yarns' Maizy, 82% corn fiber & 18% elastic yarn, 204 yards per 50g skein.
Color used: Bittersweet 9599
2 skeins
 - 40 length-inch US #1/2.25 mm circular needle, or size to obtain gauge
 - Stitch markers
 - Tapestry needle

Gauge: 8.5 sts/ 11 rows = 1 inch stockinette stitch

Special Skills: This pattern is written for the Magic Loop method of knitting socks. Needle 1 (N1) holds stitches for the front of the leg and the foot instep. Needle 2 (N2) holds rear stitches such as those for the back of the leg, the heel, and sole of the foot. The pattern is easily transferrable for using two circular needles, if preferred.

Abbreviations Used:

K = knit
K2tog = knit 2 together
P = purl
SSK = slip, slip, knit
b = Twist 2 Back (sl p st to CN, hold to back, k1, p1 from CN)
T2f = Twist 2 Front (sl k st to CN, hold to front, p1, k1 from CN)
CN = cable needle
PM = place marker
PU = pick up
RS = right side
SM = slip marker
ST(s) = stitch(es)
WS = wrong side

Instep Pattern:(12 st repeat)

Row 1: P3, k1, p1, k1, p2, k1, p1, k1, p1
Row 2: P2, (T2b twice, p1) twice
Row 3: P2, (k1, p1, k1, p2) twice
Row 4: P1, T2b twice, p1, T2b twice, p2
Row 5: P1, k1, p1, k1, p2, k1, p1, k1, p3
Row 6: T2b twice, p1, T2b twice, p3
Rows 7-9: K1, p1, k1, p2, k1, p1, k1, p4
Row 10: T2f twice, p1, T2f twice, p3
Row 11: P1, k1, p1, k1, p2, k1, p1, k1, p3
Row 12: P1, T2f twice, p1, T2f twice, p2
Row 13: P2, (k1, p1, k1, p2) twice
Row 14: P2, (T2f twice, p1) twice
Row 15: P3, k1, p1, k1, p2, k1, p1, k1, p1
Row 16: P3, T2f twice, p1, T2f twice
Rows 17-19: P4, k1, p1, k1, p2, k1, p1, k1
Row 20: P3, T2b twice, p1, T2b twice

Pattern

Cuff:

CO 72 sts. Arrange stitches so they are evenly divided between N1 and N2. Join, making sure not to twist the stitches, and work K2, P2 rib pattern until cuff is 1.5 inches/4 cm long.

Leg:

Work the following stitch pattern six times for each round until the leg measures 5 inches/13 cm from the cast on edge: P3, k1, p1, k1, p2, k1, p1, k1, p1. (If desired, add more rows to increase leg length.)

Heel Flap:

The stitches on N2 will become the heel flap; so for now, ignore the stitches on N1.

Row 1: (WS) Sl 1, purl to end of row.

Row 2: (RS) *Sl 1, k1; repeat from * to end of row.

Repeat these two rows until there is a total of 36 rows OR until the heel flap measures the length of your heel. End with a completed Row 2.

Heel Turn:

Row 1: (WS) Sl 1, p18, p2tog, p1, turn.

Row 2: Sl 1, k3, ssk, k1, turn. This has created a gap between the sts that form the heel turn and heel flap sts that remain to be worked.

Row 3: Sl 1, purl to 1 st before the gap, p2tog (the st before the gap and the st after the gap), p1, turn.

Row 4: Sl 1, knit to 1 st before the gap, ssk (the st before the gap and the st after the gap), k1, turn.

Repeat rows 3 and 4 until all the sts are worked, ending with a completed Row 4. 20 sts should remain on the needle. PM after the last stitch. This marker will help you remember where the end of your heel turn stitches is.

Gusset:

With N2, PU 18 stitches along the side of the heel flap, through the stitches slipped earlier. (You may have more or fewer stitches to pick up if your heel flap doesn't contain 36 rows.) PM. PU one more stitch at the top of the gusset. On the next round, this stitch will be moved onto N1 and purled together with the first pattern stitch on the instep to avoid a hole at the top of the gusset.

On N1, work the first row of the instep pattern to the end. PU a stitch at the top of the gusset and PM. PU 18 sts. along the side of the heel flap (or however many there are to pick up). There are now an unequal amount of stitches on N1 and N2. If you have a 36-row heel flap, there should be 55 sts on N1 and 39 sts on N2. The next two rounds are to reduce the stitch count so there will be 72 sts in total again.

Round 1:

N2: K 20, SM, K to 2 sts before marker, ssk, SM. Slide final st back to the instep sts on N1. (If preferred, remove st marker from the end of N2 since it may slid off and because now it isn't necessary.)

N1: P2tog as the first st in the instep pattern. Work the rest of the instep sts in pattern until 2 sts before marker, p2tog. SM, k2tog, knit to end.

Round 2:

N2: K to first marker, SM, k to 3 sts before end, k2tog, k1.

N1: Work instep pattern to marker, SM, k1, ssk, k to end.

Repeat Round 2 until 72 total sts remain.

On N2, k20 to marker, remove marker, k to end. On N1, work pattern as established to marker, remove marker and place remaining sts with the sts on N2. N1 now has only instep sts; N2 has sts for the sole of the foot. There should be 36 sts on each needle. K all sts on N2 to end.

Foot:

On N1, work instep pattern as established; on N2, k all sts. Continue in this manner until the length of the sock's foot is 2 inches/5 cm shorter than the foot it is meant to fit.

Toe Shaping:

Round 1:

N1: K1, ssk, knit to last 3 sts, k2tog, k1.

N2: K1, ssk, knit to last 3 sts, k2tog, k1.

Round 2: Knit all sts

Repeat rounds 1 and 2 until 36 total sts remain. Then repeat only round 1 until 20 total sts remain.

Graft toe sts. together with Kitchener st.

Finishing:

Weave in all ends using tapestry needle.

About Me

Jennifer Schmidt lives in Wichita, Kansas where she welcomes distractions by her knitting, quilting, and beading needles to avoid housework and really hot weather. In cooler weather, she runs around outside, camera in hand. She is a dust bunny's friend.

About this pattern

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